

# Adak Tejarat Rad

[Company Name]  
[Street Address, City, ST ZIP Code]  
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Adak Tejarat Rad Company get started in 2017 which the initiative of the company is supply and export of organic products . ATR co had a chance to participate to some international exhibitions

To introduce all it's production.

Nowadays with the change of people life style by improving health and nutrition that their demand shifted toward organic products to consume .

ATR co to satisfy this important needs of people after years research and many efforts started to produce organic products and exporting them to other countries like; Russia,China,UAE,Qatar,Turkey,Iraq ...

High quality of products and customer satisfaction is a main concern of ATR company.

ATR Business trading Group is honor to be your choice for further trading.





**piarom:**

Piarom Date is one of the valuable Dates in Iran and it has a large global market. The Piarom date size is large, thin skin, black-brown date that is commonly considered the most delicious of all semi-dry date varieties. It is famous in Iran as Chocolate date because of being chewable.

They are packed with a huge list of nutrition. Dates are a good source of various vitamins and minerals. It's also a good source of energy, sugar and fiber.

Essential minerals such as calcium, iron, phosphorus, sodium, potassium, magnesium and zinc can be found in dates. It also contains vitamins such as thiamin, riboflavin, niacin, folate, vitamin A and vitamin K.



### **Mazafati Dates:**

**Mazafati Dates is one of the delightful ,fresh and delicious Dates which are planted in southeast of Iran (Kerman,Bam).locally known as rotab.**

**These kind of dates are expensive because of the quality and the way of storage .(There is a need of refrigerator to keep them fresh for long time).**

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### **Iran Chamomile " baboone "**

**Iran Chamomile .The dried flowers of chamomile contain many terpenoids and flavonoids contributing to its medicinal properties. Chamomile preparations are commonly used for many human ailments such as hay fever, inflammation, muscle spasms, menstrual disorders, insomnia, ulcers, wounds, gastrointestinal disorders, rheumatic pain, and hemorrhoids. Essential oils of chamomile are used extensively in cosmetics and aromatherapy. Many different preparations of chamomile have been developed, the most popular of which is in the form of herbal tea consumed more than one million cups per day.**



### **Jujube - "Annab"**

**"Annab" is a wonder fruit! The fruit and its seeds are used in ancient Persian, Chinese and Korean traditional medicine, where they are believed to alleviate stress. Jujube has traditionally been used for anti-fungal, anti-bacterial, anti-ulcer, anti-inflammatory purposes. It is also believed to have sedative, antispastic, antifertility/contraception, hypotensive and antinephritic, cardiogenic, antioxidant, immunostimulant, and wound healing properties!**

**In Persian traditional medicine it is used in combination with other herbal medicines to treat colds, flu and coughing.**

**The fruit, being mucilaginous, is very soothing to the throat and concoctions of jujube have often been used in pharmacy to treat sore throats.**





### Medicinal Uses of Barberry:(zereshk)

For many years barberry has been in domestic use as a medicine. Because of its organic acids, the plant is a remedy that reduces blood bile and ejects bile out of the liver. Also it reduces Polydipsia. Barberry mixed with warm nature remedies like cinnamon and honey leads to liver strength and treats Polydipsia and diarrhea caused by liver weakness and gastric problems. It is useful in vomiting and its mixture with appropriate medicine results in gastric ulcers healing process. It is a treatment for appetite loss and for cold-natured people and those suffering from flatulency it is suggested to be consumed in conjunction with sweet foods like honey and Nabat. The plant has a reputation for increasing the longevity. Life span is significantly higher in the plants irrigated with barberry extracts compared with those irrigated with alone water. The fruit is febrifugal and contains vitamin C. It increases the body's defense by boosting immunity against diseases especially infectious ones and common cold. Barberry is blood purifier, affects and increases urine production followed by urine excretion. It reduces itching and as a very strong decoction is employed as an application to pleasant odors exhaled while breathing. It has high contents of Vitamin C compared to sour lemon. One of the main roles of the fruit is coincidence of vessels, especially womb vessels. This is also useful for those suffering from choleystitis and cholelithiasis and other bile duct disorders.



#### **Dry apricots:**

**Dried apricots, like their fresh counterparts, are powerhouses of nutrition. They contain fiber, minerals, vitamins, and essential phytochemicals. They also possess excellent texture and are known for their therapeutic benefits.**

**Dried apricots are reservoirs of vitamins A, E, dietary fiber, iron, potassium, and  $\beta$ -carotene. These, along with the other phytonutrients, act in synergy to produce the above-list of health benefits.**

**Help Treat Anemia**

**Relieve Constipation**

**Improve Glycemic Control And Diabetes**

**Reduce Inflammation**

**Promote Eye Health**

**Build Bone Mineral Density**





**Dry figs:**

**1. Improved digestion**

Dried figs, known as Anjeer, are rich in dietary fiber. It prevents constipation and other digestive problems, since it is a natural laxative.

**2. Helps losing weight**

Figs are low in calories too. So, dried figs are an ideal snack if you want to lose some weight.

**3. Prevents hypertension**

**4. Rich in antioxidants**

**5. Preventing heart disease**

**6. preventing cancer**

**7. Strengthens your bones**